

Rebuilding Lives Beyond Domestic Violence

Individual Volunteer Opportunities

Volunteers are a vital part of our efforts to provide the support needed to live free from domestic violence. There are many ways in which to be involved, depending upon your interests, skill-set and available time.

The following volunteer activities <u>**do not**</u> require specialized training:

- ADMINISTRATIVE SUPPORT Copying, data entry, answering office phones, etc.
- ORGANIZING DONATIONS and PANTRIES At both administrative office and shelter locations
- GIFTWRAPPING During the holidays and other special days (Mother's Day) at local stores and malls for CHS donations. **Seasonal**
- SPECIAL EVENTS / FUNDRAISING special event committees; event set-up and breakdown, mailings, etc. (events include Annual Picnic, Gala, Golf Outing) **Seasonal**
- HOLIDAY DONATION INTAKE / ORGANIZATION Help with intake and sorting of holiday donations for holiday gifting to clients during December **Seasonal**
- HANDYPERSON Help maintain CHS properties (must be able to lift at least 25 lbs)
- HOUSING CLEAN-UP Help sanitize and prepare rooms for clients at shelter and transitional locations

The following activities involve working directly with our clients. <u>This requires a state mandated 40</u> <u>hour domestic training course</u> offered by Center for Hope and Safety.

- CLIENT TRANSPORTATION help get clients to/from appointments
- COMMUNITY ENLIGHTENMENT / ACTIVISM Help represent CHS to the community in various situations as the need arises. Help hand out domestic violence information at health fairs, career fairs and other community based functions.

Questions? Contact Elizabeth Campbell @ 201-527-6201 or elizabeth@hopeandsafetynj.org



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Group & Individual Volunteer Opportunities

- Coordinate a local drive/fundraiser.
 **Please speak with the Development team at <u>Giving@hopeandsafetynj.org</u> to find out more about the types of drives/fundraisers you can participate in.
- o Painting/Redecorating a room at our Shelter or Transitional locations (as-needed basis)
- Help with Property Fall/Spring Cleaning Yardwork- plant flowers, rake leaves, plant shrubs, power wash house (as-needed basis)
- Participate in special events (event set-up and breakdown, mailings, fundraising, etc.) (events include June Annual Picnic, October Awareness Walk, October Vigil) **Seasonal**
- Gift Wrapping during the holidays and other special days (Mother's Day) at local stores and malls for CHS donations. **Seasonal**