



Rebuilding Lives

Beyond Domestic Violence

Individual Volunteer Opportunities

Volunteers are a vital part of our efforts to provide the support needed to live free from domestic violence. There are many ways in which to be involved, depending upon your interests, skill-set and available time.

The following volunteer activities **do not** require the specialized training:

- ADMINISTRATIVE SUPPORT – Copying, data entry, answering office phones, etc.
- ORGANIZING DONATIONS and PANTRIES – At both administrative office and shelter locations
- FRONT DESK SUPPORT – At shelter location assisting with phones, greet guests, sign-in visitors
- GIFTWRAPPING – During the holidays and other special days (Mother's Day) at local stores and malls for CHS donations. ****Seasonal****
- SPECIAL EVENTS / FUNDRAISING – special event committees; event set-up and breakdown, mailings, etc. (events include Annual Picnic, Gala, Golf Outing) ****Seasonal****
- BOARD MEMBER
- HOLIDAY DONATION INTAKE / ORGANIZATION – Help with intake and sorting of holiday donations for holiday gifting to clients during December ****Seasonal****
- HANDYPERSON – Help maintain CHS properties (must be able to lift at least 25 lbs)
- HOUSING CLEAN-UP – Help sanitize and prepare rooms for clients at shelter and transitional locations

The following activities involve working directly with our clients. **This requires a state mandated 40 hour domestic training course** offered by Center for Hope and Safety.

- CHILDREN'S PROGRAM – Teacher and recreational aides, childcare group assistance.
- COMMUNITY DEPARTMENT ASSISTANCE – direct client support tutoring, mentoring, and providing professional services (i.e. job development) alongside the CHS Community Department.
- CLIENT TRANSPORTATION – help get clients to/from appointments
- COMMUNITY ENLIGHTENMENT / ACTIVISM – Help represent CHS to the community in various situations as the need arises. Help hand out domestic violence information at health fairs, career fairs and other community based functions.
- INTERPRETER – Help CHS Legal Team effectively communicate with clients where English is not their first language

Questions? Contact Olivia Pascarella @ 201-527-6213 or olivia@hopeandsafetynj.org



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Group & Individual Volunteer Opportunities

- Coordinate a local drive/fundraiser.
**Please speak with the Development team at Giving@hopeandsafetynj.org to find out more about the types of drives/fundraisers you can participate in.
- Painting/Redecorating a room at our Shelter or Transitional locations (as-needed basis)
- Bring a prepared dinner for the safe house
- Help with Property Fall/Spring Cleaning Yardwork- plant flowers, rake leaves, plant shrubs, power wash house (as-needed basis)
- Help throw a party for the safe house (Pajama Party, Holiday Party- Halloween, Valentine's Day, Mother's day, etc., Movie Night, Arts & Crafts)
- Participate in special events (event set-up and breakdown, mailings, fundraising, etc.) (events include June Annual Picnic, October Awareness Walk, October Vigil) **Seasonal**
- Gift Wrapping during the holidays and other special days (Mother's Day) at local stores and malls for CHS donations. **Seasonal**