

Rebuilding Lives Beyond Domestic Violence

VOLUNTEERING AT CHS

There are many ways that individuals and groups can help clients. Please call us to discuss your interests, skills and available time. We are open to suggestions.

Holiday gift wrapping - wrap holiday gifts at various stores and patrons make a donation to SOS

Organize donations – sort through item/food donations and organize them in our storage/pantry area

Administrative support – data entry, answer phones, fold & stuff letters into envelopes, filing, etc.

Movers – transport donated furniture or help clients move to a new location

Board Member – share your professional skills by helping to guide SOS in its mission

Adopt a room – paint and furnish a room in one of our transitional homes

Adopt a family – help a family that is moving into their own apartment; donate household items like bedding, kitchen ware and utensils, towels, appliances, area rugs, lighting, decorations, etc.

Professional services – lend your expertise to assist clients, i.e., lawyer, painter, mechanic, hair stylist, etc.

Special events committee – help organize fundraising events like our Awards Dinner or Golf Tournament

The following activities require a 40-hour training program that provides domestic violence education:

Mentoring – establish a one-on-one relationship with a woman or child to be a source of encouragement

Tutoring – help children, adolescents, teenagers and mothers with school work

Childcare – tend to children while their mother goes to appointments, i.e. job interviews, court, work

24-hour hotline – assess calls and provide domestic violence related resources; client assistance

Client transportation – drive clients to the grocery store or to medical, dental and court appointments

Community Education – represent SOS at health and career fairs and other community-based functions. Provide basic domestic violence information and distribute brochures, resource information, etc.

Court advocacy – accompany and provide support to a client at court proceedings

Job and housing search - help clients with employment skills and locating affordable housing

Contact: Nicole Henriquez, Manager, Volunteer Services 201-527-6213 or nicole@hopeandsafetynj.org